



How to purchase contact lenses

(Here's what to expect)

When considering purchasing contact lenses, the first step is a visit to an ophthalmologist (*e.g.* Here). You visit to the clinic for an eye exam, a fitting, wear practice, and a prescription.

At that time, the clinical fee is 4,820 JPY in cash.

(Tax exempt. The fee includes disposable trial lenses for several days.)

After that, you bring the prescription to selling shop, you can purchase contact lenses.

Sincerely yours,

F.Y.I.

- Contact lenses are classified as highly controlled medical device under Japanese pharmaceutical law.
- A prescription from an ophthalmologist is necessary to purchase.
- Contact lens prescriptions are brand specific and cannot be substituted.
- International major brands are available to be purchased almost here.

Shinjuku Takashimaya eye clinic
Maki TAKAHASHI M.D.

